



Curriculum Vitae

Personal information

- Name and Surname: Saeed Hamidizadeh
- Date of birth: 1979/09/10
- Sex: male
- marital status: married
- Work Place: School of Nursing & Midwifery, Shiraz University of Medical Science. Shiraz, Iran
- Work Address: Abadeh School of Nursing, Shiraz University of Medical Science. Abadeh, Iran.
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Professional Education

- BSc of Nursing; Shiraz University of Medical science. Shiraz. Iran(2004)
- MSc of Nursing; Tarbiat Modares University, Tehran, Iran(2006)
- PhD of Nursing, school of Nursing & Midwifery, Shiraz University of Medical Science, shiraz, Iran(2021)

Teaching and Practice Experiences:

Lecturer:

- medical surgical nursing
- CCU for nursing

- Internal emergency
- Surgical emergency
- critical care nursing
- patient education
- Professional ethics
- Population regulation
- Physical examination

Publication and presentation

Publication

- 1- Explaining the Challenges Affecting Delivering Quality Services from the Perspective of Pre-Hospital Emergency Personnel: A Qualitative Content Analysis. *Journal of Advanced Biomedical Sciences*. Volume 14, Issue 4 (9-2024)
- 2- The effect of social support, diabetes management self-efficacy, and diabetes distress on resilience among patients with type 2 diabetes: a moderated mediation analysis. *BMC Public Health*, 24(1).2024
- 3- The Effect of Vitamin C on Ischemia-Reperfusion Injury: A Systematic Review. *Journal of Iranian Medical Council*, 7(2):200-222. 2024 (2024-4-1)
- 4- Risk and protective factors for resilience among adolescents and young adults with beta-thalassemia major. *BMC Psychology*. 2023 (2023-12-1)
- 5- Relationship between social support and COVID-19 anxiety in the elderly, *Archivos Venezolanos de Farmacología y Terapéutica*; Caracas, Vol. 41, Iss. 2, (2022): 149-153.

- 6- Effectiveness of an operating room Master of Science program based on Kirkpatrick's model, *Res Dev Med Educ*, 2022, 10, 13.
- 7- Teacher-student communication in medical sciences: A qualitative study in Iran, [Archivos Venezolanos de Farmacologia y Terapeutica](#), 2021 / Original Article, 40(2), pp. 141-147
- 8- Evaluation of the effect of clinical scenario-based educational workshop and reflection on the knowledge and attitude of head nurses and clinical supervisors toward in the brain death and organ donation, *Electronic Journal of General Medicine*, 17(5), em233, 2020.
- 9- Chronic pain: A concept analysis. *Electronic Journal of General Medicine*, 16(2), em130, 2019.
- 10- The effectiveness of assertiveness training on the levels of stress, anxiety, and depression of high school students, [Iranian Red Crescent Medical Journal](#), 18(1), e21096, pp. 1-10
- 11- The subjective functional stress level in patients with acute myocardial infarction, [journal of Isfahan Medical School](#), 25(86), 2007.
- 12- Investigating the effect of progressive muscle relaxation on blood flow in the elderly with hypertension..., *Journal of the University of Science, Wellbeing and Rehabilitation*, 2004.
- 13- Investigating the effect of massage technique on the anxiety and stress levels of the elderly with high blood pressure, *Journal of the University of Medical Sciences, Shahrekord*, summer 2018.

- 14- Comparison of the views of children with thalassemia major and their parents about the quality of life, Journal of Shahrekord University of Medical Sciences, winter 2015.
- 15- The Effectiveness of Assertiveness Training on the Levels of Stress, Anxiety, and Depression of High School Students, Iran Red Crescent Med J. 2016 January; 18(1): e2109.
- 16- The effect of low-intensity aerobic exercise on blood pressure, Journal of Shahrekord University of Medical Sciences, summer 2006.
- 17- investigating the effect of electrical stimulation of the nerve through the skin on the range of motion and morning stiffness of the joint, Journal of Shahrekord University of Medical Sciences, summer ,2016.
- 18- Understanding the factors affecting the postpartum depression in the mothers of Isfahan city. J Edu Health Promot 2014, 3:65
- 19- Mental stress level in patients with myocardial infarction. Journal of Isfahan Medical School. Autumn 2016.
- 20- Investigating the causes of irregular consumption of iron tablets in pregnant and lactating women referring to health centers.... Shahrekord University of Medical Sciences Journal. Winter. 2016.
- 21- Investigating the impact of group sports program on the quality of life of the elderly in 2015-2016, Journal of Shahid Sadoughi University of Medical Sciences, Yazd, spring 2016.
- 22- Investigating the effect of self-care program on the physical dimensions of the quality of life of patients with Multiple Sclerosis, Journal of Yazd Sadoughi University of Medical Sciences, Spring 2018.

- 23- Accidental injuries caused by sharp instruments in medical workers working in Jahrom hospitals, Journal of Jahrom University of Medical Sciences, fall 2018.
- 24- Report of a case of aspirin-induced asthma syndrome as a result of naproxen consumption. Journal of Jahrom University of Medical Sciences. Winter 2018
- 25- Investigating factors related to absenteeism among nursing staff working in training centers in Mani University of Tehran. Tehran Shahid Beheshti University of Medical Sciences Nursing Journal. Spring 2019
- 26- The study of the effects hydro-alcoholic extract of *Eryngium billardieri* on lipid profiles levels and liver and renal functions tests in hypercholesterolemic rats. Journal of Chemical and Pharmaceutical Research, 2015, 7(2):200-206
- 27- Investigating the effect of progressive muscle relaxation program on depression, anxiety and stress parameters of female students with premenstrual syndrome, Health System Research Journal, 2013
- 28- The effect of lifestyle education on the awareness and performance of patients with hypertension, Quarterly Journal of Education and Ethics in Nursing, 2013.
- 29- Knowing the factors affecting postpartum depression in Isfahan mothers, Health System Research Journal, Volume 10, Number 1, April 2013.

Presentation

1. The 22nd national conference of medical education, Iran, 2021.
 - Effectiveness of an operating room master of science program based on Kirkpatrick's model

2. The 8th Annual Congress of Medical Ethics, Tehran, Iran, 2020.
 - Factors influencing the teacher-student relationship in universities of medical sciences: a qualitative study

3. The 1st international nursing & midwifery conference on health and wellbeing. Isfahan, Iran, 2014

4. Ethics conference in the treatment of infertility in the department of sociology, Jahrom, Iran, 2009
 - The relationship between smoking (active and passive) and male and female fertility
 - The attitude of egg donors and recipients towards its ethical and legal issues in Islamic countries

5. Geriatrics and Geriatrics Conference, Isfahan, Iran, 2004.

6. 3th National conference on the care and treatment of patients with complementary medicine, Isfahan, Iran, 2014:
 - Investigating the effect of progressive muscle relaxation technique on the quality of life of the elderly living in the elderly care center
 - Investigating the effect of progressive muscle relaxation on the blood pressure of elderly people with primary hypertension living in Kahrizak Center for the Elderly
 - A group-foundation exercise schedule on quality of life and well-being in older

7. National conference on the care and treatment of patients with complementary medicine, Isfahan, Iran, 2004.

8. Hypertension Conference at Army Medical Sciences University, Tehran, Iran, 2004.
 - Educational needs of polycystic ovary syndrome patients

9. National Aging Congress, Kashan, Iran, 2007

- study effect of group sports program on the quality of life of the elderly in 2006-2007

10. The first national conference on the quality of life, Tehran, Iran, 2004.

- A study of the quality of life of the elderly in Tehran

11. National conference on professional promotion of nursing and midwifery: challenges and solutions, Shiraz, Iran, 2011

- Factors related to absenteeism among nursing staff working in training centers in Mani University of Tehran

12. The 7th National Congress of Iranian Epidemiology, Social Epidemiology, Yasouj, Iran, 2013.

- effect of lifestyle education on the awareness and performance of patients with hypertension
- effect of self-care program on the physical dimensions of the quality of life of patients with Multiple Sclerosis

13. The first regional conference on client-centered care, 2008, Mahabad, Iran

- study effect of group based exercise on the quality of life

14. National conference of face-to-face programs of continuous community education, 2008, Yazd, Iran

- Accidental injuries caused by sharp instruments in medical workers working in Jahrom hospitals

15. The first general conference on the quality of life, Tehran, Iran, 2013

16. The first national conference on ethics and modern methods of infertility treatment, Jahrom, Iran, 2018.

17. 5th International Congress of Prevention of Coronary Heart Diseases, Shiraz, Iran, 2015:

- Mental stress level in patients with myocardial infarction.

Awards and Honors

- Acclaimed Faculty member of Shiraz university of medical science, 2012
- Active Researcher of Shahrekord university of medical science,2013
- Active Researcher of Shiraz university of medical science ,2017

Appointments and professional activities

1. Director of Emergency Medical Department, School of Nursing, 2007-2008, Shahrekord, Iran.
2. Head of Nursing and Midwifery Faculty of Larestan,2010-2013, Larestan, Iran
3. Vice Chancellor of Larestan University of Medical Sciences, Larestan, Iran
4. Director of Emergency Medical Department, Jahrom University of Medical Sciences,2009,Jahrom.Iran
5. Assistant Professor of Abadeh School of Nursing,2013-2014. Shiraz, Iran
6. Member of the educational council of Shahrekord University of Medical Sciences, 2008,Shahrekord, Iran
7. Member of the founding council of Oz Health College, 2011-2013. Larestan, Iran
8. Member of the board of the regional conference of patient-centered care, Islamic Azad University of Mahabad.2008,Iran
9. Member of the Center for Disputes and Development of Medical Education of Shahrekord University of Medical Sciences,2008,shahrekord,Iran
10. Health week organizer at Shiraz University of Medical Sciences,2011-2013
11. Member of the founding committee of Larestan University of Medical Sciences, 2009-2012.larestan, Iran.
12. Director of Educational Planning of Borujen Nursing School,2008-2010.shahrekord.iran
13. Member of the Education Development Council of Oz Health College, Larestan, Iran

14. member in holding a medical retraining course for doctors, 2011, Abadeh, Iran
15. The organizer of the OSCE test at Jahrom University of Medical Sciences, 2010, Jahrom, Iran
16. Namazee Hospital, hematology and emergency ward 2001-2003
17. Faghihi hospital, ICU ward, 2002
18. Member of the student executive committee of the first national conference on the quality of life, Tehran, Iran, 2013

Book publication and translation

A: Dissertations

- 2005, studying the effect of progressive muscle relaxation (PMR) on the blood pressure of the elderly with hypertension living in the Kahrizak Elderly Center. Tarbiat Modares University, Tehran, Iran

- 2021, **designing and psychometric analysis of the Teacher-Student Relationship Quality Assessment Questionnaire**, Shiraz university of medical science, shiraz.Iran

B: Books

- 1- Family health and organization, First Sanseh Center Publications, Tehran, 2004.
- 2- Comprehensive Guide to Medical Emergencies", Boshari Publications, Tehran, 2013

Translation:

- Medical Surgical Nursing (hematology) – Brunner & Suddarth's - 2022

Proposals in progress:

1- Challenges of pre-hospital air emergency from the perspective of personnel in Fars province: a qualitative study. IR.SUMS.REC.1402.287

2 - The lived experience of pre-hospital emergency service personnel in Shahcheragh terrorist incident: a qualitative study

3- Related challenges and solutions in the pre-hospital emergency of Fars province from the perspective of personnel: a qualitative study.
IR.SUMS.REC.1402.144

4- Investigating people's awareness, attitude and performance towards pre-hospital emergency activities in cardiovascular emergencies.
IR.SUMS.REC.1402.143

5- Experiences of professors and students from the professor-student relationship during the covid-19 pandemic .IR.SUMS.REC.1401.720

Workshops Attended

1. Teaching ethics and classroom management, shiraz university of medical science, 2014.
2. Educational design in electronic learning, shiraz university of medical science, 2010.
3. Getting to know the researcher software, shiraz university of medical science, 2011
4. How to write a good paper, shiraz university of medical science, 2012
5. creativity and innovation, Jahrom University of Medical Science, 2008
6. Educational design in e-learning, Jahrom University of Medical Science, 2008
7. Critical thinking and teaching methods in medical sciences, Jahrom University of Medical Science, 2010.
8. How to prepare a lesson plan, Jahrom University of Medical Science. 2009
9. Essay Writing, Jahrom University of Medical Science. 2009
10. Systematic review, Jahrom University of Medical Science. 2009
11. strategic planning, , Jahrom University of Medical Science. 2009

12. endnote, Jahrom University of Medical Science.2009
13. scientific writing, Jahrom University of Medical Science.2009
14. Doctor-patient communication skills, Jahrom University of Medical Science.2009
15. Search for electronic resources, Jahrom University of Medical Science.2008
16. Getting to know the National Digital Library of Medicine, Jahrom University of Medical Science.2008
17. Getting to know the integration curriculum, Jahrom University of Medical Science.2008
18. Nosocomial infection control, Shahrekord University of Medical Sciences, 2008
19. Workshop on title preparation and essay writing, Shahrekord University of Medical Sciences, 2008
20. Ethics in research, Shahrekord University of Medical Sciences, 2006
21. CPR, shiraz university of medical science, 2002.
22. Loss of consciousness, Shahrekord University of Medical Sciences, 2006

Language Skills

- Persian ; mother Language
- English ; Reading / Writing (good) , Speaking (moderate)

Computer Knowledge

- Application level: word, power point.

Research Interests

- Qualitative research
- Research in disaster medicine
- Research in Emergency Medical Services
- Research in education
- Quality of life
- Palliative care

